

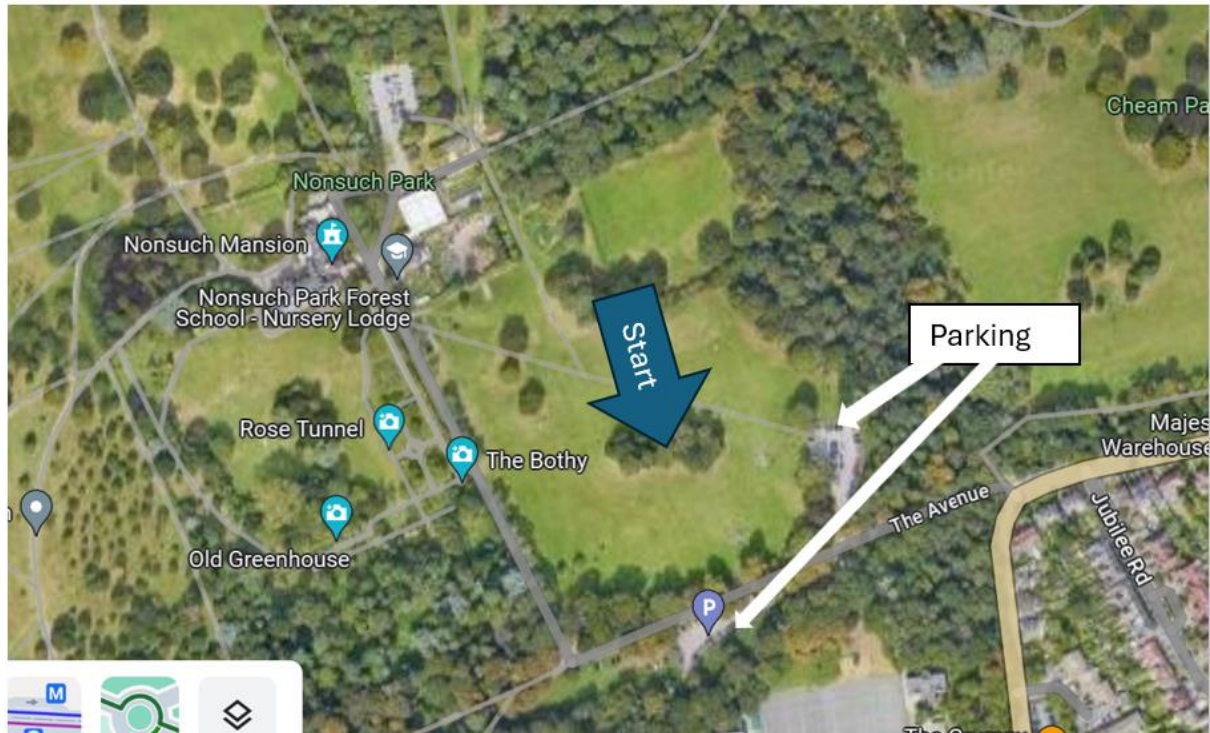
MV/GO Training Activity 8th June 2024

Theme: What am I looking for?

Saturday 8th June, 12:00 – 14:00 (aim to be at the meeting point for 11:45)

Location: Nonsuch Park – the group of trees in the large field between the Cheam gate and the Mansion. What 3 Words = [about.curiosity.chase](https://www.aboutcuriosity.chase)

Location of parking and start/finish and meeting point are shown on the map below.



We will be providing courses for newcomers to try orienteering and there will be volunteers to help learn how to use an orienteering map to navigate around a course.

For improvers there will be an opportunity to practice visualizing control sites, understanding 'control descriptions' and going to exactly the correct part of the feature.

Please make sure that you come wearing shoes suitable for running off-road, full leg cover (NOT SHORTS!) and a compass and 'dibber' if you have them – they will be available to borrow if required. Bring your own lunch and plenty to drink.